



# Family Routine Card

Choose one familiar part of the day and write only the steps that help.

## PRIVACY NOTE

Keep the card simple. Leave out identifying schedules, locations and private details that are not needed.

## THE ROUTINE

ROUTINE NAME

WHERE / WHEN WE USE IT

WHAT WE WANT THE CHILD TO UNDERSTAND

FIRST

THEN

NEXT

LAST

## WHAT STAYS FAMILIAR

WORDS, CUE OR HELPFUL CHOICE

SOURCE INSTRUCTION ANOTHER CAREGIVER NEEDS

WHEN THE PLAN CHANGES, WHAT CAN STAY THE SAME?

DATE REVIEWED